



JULY 2019: Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	Independence Day 4	5
Assorted Muffins Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	Tasty Waffles Served with Syrup 100% Fruit Juice Fresh Fruit	Cheese Omelet Served on an English Muffin 100% Fruit Juice Fresh Fruit	New York Bagel Sticks with Cream Cheese & Jelly 100% Fruit Juice Fresh New York Apples	Cinnamon Burst Pancakes Served with Syrup 100% Fruit Juice Fresh Fruit
8	9	10	New York Thursday 11	12
Assorted Muffins Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	Tasty Waffles Served with Syrup 100% Fruit Juice Fresh Fruit	Cheese Omelet Served on an English Muffin 100% Fruit Juice Fresh Fruit	New York Bagel Sticks with Cream Cheese & Jelly 100% Fruit Juice Fresh New York Apples	Cinnamon Burst Pancakes Served with Syrup 100% Fruit Juice Fresh Fruit
15	16	17	New York Thursday 18	19
Assorted Muffins Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	Tasty Waffles Served with Syrup 100% Fruit Juice Fresh Fruit	Cheese Omelet Served on an English Muffin 100% Fruit Juice Fresh Fruit	New York Bagel Sticks with Cream Cheese & Jelly 100% Fruit Juice Fresh New York Apples	Cinnamon Burst Pancakes Served with Syrup 100% Fruit Juice Fresh Fruit
22	23	24	25	26
Assorted Muffins Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	Tasty Waffles Served with Syrup 100% Fruit Juice Fresh Fruit	Cheese Omelet Served on an English Muffin 100% Fruit Juice Fresh Fruit	New York Bagel Sticks with Cream Cheese & Jelly 100% Fruit Juice Fresh New York Apples	Cinnamon Burst Pancakes Served with Syrup 100% Fruit Juice Fresh Fruit
29	30	31		
Assorted Muffins Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	Tasty Waffles Served with Syrup 100% Fruit Juice Fresh Fruit	Cheese Omelet Served on an English Muffin 100% Fruit Juice Fresh Fruit	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN	<u>Fresh New York Bagel Stick Varieties</u> Blueberry Cinnamon Raisin Cranberry French Toast Multigrain Plain Poppy

OFFERED DAILY

Milk
 1% Low-fat
 Fat Free
 Fat Free Chocolate
 Grab and Go
 Breakfast Pack

Fresh Fruit
Canned Fruit
 Peaches, Pears, Pineapples

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

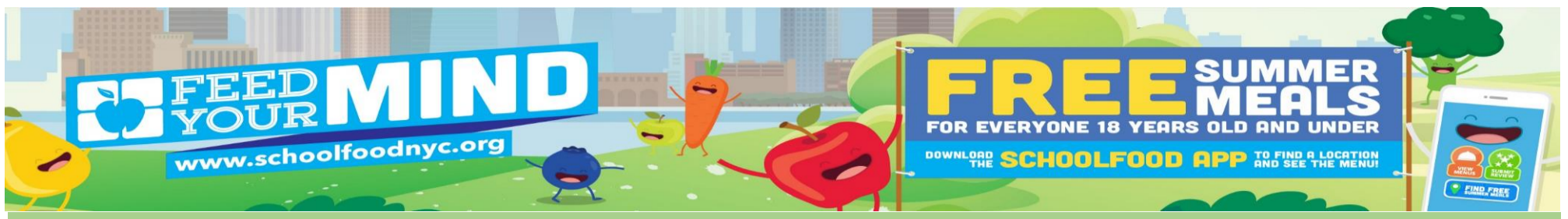
Breakfast Menu

100% Fruit Juice
 Apple, Fruit Punch, Grape, Orange

Breakfast Dipping Sauces:
 Ketchup, Hot Sauce, Salsa

Cold Cereal Choices

Frosted Mini Wheats
 Cinnamon Flakes
 Multi-Grain Cheerios
 Toasty-Oats
 Back to the Roots®
 Organic Purple Corn Flakes & Cinnamon Cluster



JULY 2019: Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	Independence Day 4	5
<p>Classic Cheese Pizza</p> <p style="color: purple;">Fruit Juice Ice</p> <p>Ranch Carrot Snacker</p>	<p>Bite Size Beef Tacos</p> <p>Confetti Corn</p> <p style="color: blue;">Baked! Tostitos® Scoops®</p> <p>Fresh Fruit</p>	<p>Popcorn Chicken</p> <p>Baked Sweet Potato Wedge Fries</p> <p>Green Garden Salad</p> <p style="color: orange;">Fruit Juice Ice</p>	<p>100% Beef Hamburgers & Cheeseburger Burger Fixin's</p> <p>Baked French Fries</p> <p style="color: green;">New York Chocolate Chip Cookie Fresh New York Apples</p>	<p>Baked Mozzarella Sticks Served with Marinara Sauce</p> <p>Crispy Broccoli</p> <p style="color: red;">Fruit Juice Ice</p>
8	9	10	New York Thursday 11	12
<p>Classic Cheese Pizza</p> <p style="color: purple;">Fruit Juice Ice</p> <p>Ranch Carrot Snacker</p>	<p>Bite Size Beef Tacos</p> <p>Confetti Corn</p> <p style="color: blue;">Baked! Tostitos® Scoops®</p> <p>Fresh Fruit</p>	<p>Popcorn Chicken</p> <p>Baked Sweet Potato Wedge Fries</p> <p>Green Garden Salad</p> <p style="color: orange;">Fruit Juice Ice</p>	<p>100% Beef Hamburgers & Cheeseburger Burger Fixin's</p> <p>Baked French Fries</p> <p style="color: green;">New York Chocolate Chip Cookie Fresh New York Apples</p>	<p>Baked Mozzarella Sticks Served with Marinara Sauce</p> <p>Crispy Broccoli</p> <p style="color: red;">Fruit Juice Ice</p>
15	16	17	New York Thursday 18	19
<p>Classic Cheese Pizza</p> <p style="color: purple;">Fruit Juice Ice</p> <p>Ranch Carrot Snacker</p>	<p>Bite Size Beef Tacos</p> <p>Confetti Corn</p> <p style="color: blue;">Baked! Tostitos® Scoops®</p> <p>Fresh Fruit</p>	<p>Popcorn Chicken</p> <p>Baked Sweet Potato Wedge Fries</p> <p>Green Garden Salad</p> <p style="color: orange;">Fruit Juice Ice</p>	<p>100% Beef Hamburgers & Cheeseburger Burger Fixin's</p> <p>Baked French Fries</p> <p style="color: green;">New York Chocolate Chip Cookie Fresh New York Apples</p>	<p>Baked Mozzarella Sticks Served with Marinara Sauce</p> <p>Crispy Broccoli</p> <p style="color: red;">Fruit Juice Ice</p>
22	23	24	25	26
<p>Classic Cheese Pizza</p> <p style="color: purple;">Fruit Juice Ice</p> <p>Ranch Carrot Snacker</p>	<p>Bite Size Beef Tacos</p> <p>Confetti Corn</p> <p style="color: blue;">Baked! Tostitos® Scoops®</p> <p>Fresh Fruit</p>	<p>Popcorn Chicken</p> <p>Baked Sweet Potato Wedge Fries</p> <p>Green Garden Salad</p> <p style="color: orange;">Fruit Juice Ice</p>	<p>100% Beef Hamburgers & Cheeseburger Burger Fixin's</p> <p>Baked French Fries</p> <p style="color: green;">New York Chocolate Chip Cookie Fresh New York Apples</p>	<p>Baked Mozzarella Sticks Served with Marinara Sauce</p> <p>Crispy Broccoli</p> <p style="color: red;">Fruit Juice Ice</p>
29	30	31		
<p>Classic Cheese Pizza</p> <p style="color: purple;">Fruit Juice Ice</p> <p>Ranch Carrot Snacker</p>	<p>Bite Size Beef Tacos</p> <p>Confetti Corn</p> <p style="color: blue;">Baked! Tostitos® Scoops®</p> <p>Fresh Fruit</p>	<p>Popcorn Chicken</p> <p>Baked Sweet Potato Wedge Fries</p> <p>Green Garden Salad</p> <p style="color: orange;">Fruit Juice Ice</p>	 <p style="color: green; font-weight: bold;">EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	<p style="color: red; font-weight: bold;">Daily Entrée Alternatives</p> <ul style="list-style-type: none"> • PB&J Sandwich • Cheese Sandwich • Hummus Grab & Go • Turkey & Cheese • Turkey Bologna, Turkey Salami & Cheese • Turkey, Seasoned Turkey & Cheese <p>(Sandwiches with meat not available on Monday)</p>

OFFERED DAILY

Milk
1% Low-fat
Fat Free
Fat Free Chocolate

Dipping Sauce Cups
BBQ, Ranch,
Honey Mustard

Fresh Fruit

No Artificial flavors, colors,
or sweeteners in all
SchoolFood Products

Dressings
Chipotle Ranch
Balsamic Vinaigrette
Ranch
Asian Sesame
Honey Mustard
Caesar
French
Italian Vinaigrette

Flavor Station
Granulated Garlic
Red Pepper Flakes
Parmesan Cheese

Lunch Menu



AUGUST 2019: Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Fresh New York Bagel Stick Varieties</u></p> <p>Blueberry Cinnamon Raisin Cranberry French Toast Multigrain Plain Poppy</p>			<p>New York Thursday 1</p> <p>New York Bagel Sticks with Cream Cheese & Jelly</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>2</p> <p>Cinnamon Burst Pancakes Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>
5	6	7	8	9
<p>Assorted Muffins</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Tasty Waffles Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Cheese Omelet Served on an English Muffin</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Sticks with Cream Cheese & Jelly</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Cinnamon Burst Pancakes Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>
12	13	14	15	16
<p>Assorted Muffins</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Tasty Waffles Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Cheese Omelet Served on an English Muffin</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Sticks with Cream Cheese & Jelly</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Cinnamon Burst Pancakes Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>
19	20	21	22	23
<p>Assorted Muffins</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Tasty Waffles Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Cheese Omelet Served on an English Muffin</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Sticks with Cream Cheese & Jelly</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Cinnamon Burst Pancakes Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>
26	27	28	29	30
<p>Assorted Muffins</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Tasty Waffles Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Cheese Omelet Served on an English Muffin</p> <p>Land O'Lakes® Cheese Stick</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Sticks with Cream Cheese & Jelly</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Cinnamon Burst Pancakes Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>

<p>Milk</p> <p>1% Low-fat Fat Free Fat Free Chocolate</p> <p>Grab and Go Breakfast Pack</p>	<p>Fresh Fruit</p> <p>Canned Fruit Peaches, Pears, Pineapples</p>	<p>OFFERED DAILY</p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p>Breakfast Menu</p>	<p>100% Fruit Juice Apple, Fruit Punch, Grape, Orange</p> <p>Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa</p>	<p>Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster</p>
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AUGUST 2019: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			New York Thursday 1	2
<p style="font-size: small; color: green;">EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>			<p style="color: green;">Yogurt Parfait</p> <p style="color: green;">Fresh New York Apples</p>	<p style="color: green;">Cinnamon Twist</p> <p style="color: green;">Fresh Fruit</p>
5	6	7	New York Thursday 8	9
<p style="color: green;">Breakfast Kit (4)</p> <p style="color: green;">Apple Cinnamon Cheerios®</p> <p style="color: green;">Graham Crackers</p> <p style="color: green;">100% Orange Tangerine Juice</p>	<p style="color: green;">Assorted Muffins</p> <p style="color: green;">Upstate Farms® Yogurt Choice</p> <p style="color: green;">Fresh Fruit</p>	<p style="color: green;">Whole Grain Bagel</p> <p style="color: green;">served with Cream Cheese & Jelly</p> <p style="color: green;">Fresh Fruit</p>	<p style="color: green;">Yogurt Parfait</p> <p style="color: green;">Fresh New York Apples</p>	<p style="color: green;">Cinnamon Twist</p> <p style="color: green;">Fresh Fruit</p>
12	13	14	New York Thursday 15	16
<p style="color: green;">Breakfast Kit (5)</p> <p style="color: green;">Fruity Cheerios®</p> <p style="color: green;">Graham Crackers</p> <p style="color: green;">100% Apple Juice</p>	<p style="color: green;">Assorted Muffins</p> <p style="color: green;">Upstate Farms® Yogurt Choice</p> <p style="color: green;">Fresh Fruit</p>	<p style="color: green;">Whole Grain Bagel</p> <p style="color: green;">served with Cream Cheese & Jelly</p> <p style="color: green;">Fresh Fruit</p>	<p style="color: green;">Yogurt Parfait</p> <p style="color: green;">Land O'Lakes® String Cheese</p> <p style="color: green;">Fresh New York Apples</p>	<p style="color: green;">Cinnamon Twist</p> <p style="color: green;">Fresh Fruit</p>
19	20	21	New York Thursday 22	23
<p style="color: green;">Breakfast Kit (2)</p> <p style="color: green;">Sun Butter Cup</p> <p style="color: green;">Graham Crackers</p> <p style="color: green;">Grape Jelly</p> <p style="color: green;">100% Fruit Juice</p>	<p style="color: green;">Assorted Muffins</p> <p style="color: green;">Upstate Farms® Yogurt Choice</p> <p style="color: green;">Fresh Fruit</p>	<p style="color: green;">Whole Grain Bagel</p> <p style="color: green;">served with Cream Cheese & Jelly</p> <p style="color: green;">Fresh Fruit</p>	<p style="color: green;">Yogurt Parfait</p> <p style="color: green;">Fresh New York Apples</p>	<p style="color: green;">Cinnamon Twist</p> <p style="color: green;">Fresh Fruit</p>
26	27	28	New York Thursday 29	30
<p style="color: green;">Breakfast Kit (4)</p> <p style="color: green;">Apple Cinnamon Cheerios®</p> <p style="color: green;">Graham Crackers</p> <p style="color: green;">100% Orange Tangerine Juice</p>	<p style="color: green;">Assorted Muffins</p> <p style="color: green;">Upstate Farms® Yogurt Choice</p> <p style="color: green;">Fresh Fruit</p>	<p style="color: green;">Whole Grain Bagel</p> <p style="color: green;">served with Cream Cheese & Jelly</p> <p style="color: green;">Fresh Fruit</p>	<p style="color: green;">Yogurt Parfait</p> <p style="color: green;">Fresh New York Apples</p>	<p style="color: green;">Cinnamon Twist</p> <p style="color: green;">Fresh Fruit</p>

<p style="text-align: center; font-weight: bold; text-decoration: underline;">MILK</p> <p style="color: yellow;">1% Low-fat Fat Free Fat Free Chocolate</p>	<p style="text-align: center; font-weight: bold; text-decoration: underline;">Fresh Fruit</p> <p style="color: yellow;">Canned Fruit Peaches, Pears, Pineapples</p>	<p style="text-align: center; font-weight: bold; text-decoration: underline;">OFFERED DAILY</p> <p style="color: yellow;">No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p style="text-align: center;">Breakfast Express Menu</p>	<p style="text-align: center; font-weight: bold; text-decoration: underline;">Cold Cereal Choices</p> <p style="color: yellow;">Grab and Go Breakfast Pack</p> <p style="color: yellow;">Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Clusters</p>
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